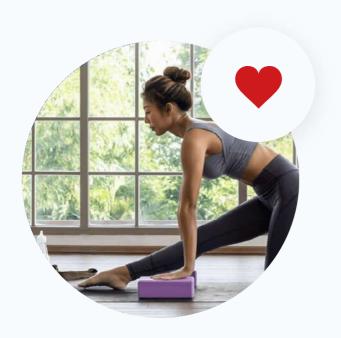
YOGA FOAM BLOCK





"Exactly what I was looking for. A nice sturdy yoga block to help with my chest-opener stretches. Used it a few times already and haven't noticed any issues with the block, it's sturdy but not so hard it's painful. Amazing quality, recommend!"



Practice with confidence!
Yoga blocks help you find the balance needed for more sophisticated poses and give you strength boost. These blocks ensure proper alignment to safely support and modify poses to suit your level of flexibility.