

ACUPUNCTURE YOGA MAT AND PILLOW



"I've had lower back pain off and on for years. I also get tension headaches. First time I lay on this matter I loved it! I lay on it for about fifteen minutes and my headache and back pain were gone. It's not painful or uncomfortable at all."



Forget about pain and stress! This acupressure mat helps you experience increased blood flow, added energy, and muscle recovery! Use lying down, against a chair, or while standing to stimulate different pressure points in your the body.

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